

# Early Years

Join us for a relaxed and friendly morning designed especially for parents and carers of young children with life-limiting conditions and additional needs.



## Early Years morning at Helen House

- **Upcoming Dates:** 30th March 2026
- **Time:** Drop in anytime between 09:30 am – 13:00 pm
- **Location:** Helen House - 37 Leopold Street, Oxford, OX4 1QT

### Who can attend?

Children aged 0–4 years and their parents/carers.

For families supported by Helen & Douglas House.

### What to expect

- A safe and supportive calm space
- Meet other families
- Share experiences and build connections
- Tea, coffee, cakes and light lunch



Please  
RSVP by  
emailing the  
play team



*Join us to connect, chat, and breathe*

**Future sessions: 13<sup>th</sup> April, 27<sup>th</sup> April and more to follow...**

We are still establishing these Early Years Mornings and so we're open to feedback to help shape future mornings.



More dates at  
[hdh.org.uk/family-events](https://hdh.org.uk/family-events)

**For more information, or to RSVP please email:**  
[play@helenanddouglas.org.uk](mailto:play@helenanddouglas.org.uk)