

# Helping terminally ill children live life to the full

Founded in 1982, we are the world's first children's hospice and improve the lives of local terminally ill children and their families living in Oxfordshire and the surrounding counties.

Our amazing team including doctors, nurses and carers, provide exceptional care tailored to the needs of children living with a wide variety of complex conditions which will end their lives prematurely.

"Without Helen & Douglas House we wouldn't have felt as strong and as confident to have a sick child like Tillie' - Tillie's Mum



We are now offering more care to more families and have extended the services we provide

### Supportive stays at the hospice

As well as reviewing the children's medical and nursing needs, we give parents a much-needed break from 24/7 care, to help improve their wellbeing and mental health.



Specialist support at home Providing families with specialist paediatric palliative support in their own homes, with 24/7 access to help and advice, 365 days a year.

End-of-life care
Supporting the whole
family through incredibly
sad and difficult times at
the end of their child's life
and helping them make
precious memories.



Stay and play days
Providing a chance for
families to enjoy whole
day play sessions with
other families facing
similar challenges.

Bereavement support Supporting the whole family after the loss of a child, through one-toone and group support.

Social worker support
Offering emotional,
social and practical
support and advocacy
to families to help
them navigate their
child's care.

Transition to adult care Preparing 13-18 year olds and their parents for leaving children's services to start adult care.

#### Siblings support

Providing support to siblings to help them discuss their fears and emotions via one-to-one sessions and group activities.

## We can't do this without your help

As a charity, we rely almost entirely on financial support from the public to fund our work. So now, more than ever, we need your help.

With your help, we can give more children and their families the expert care and support they need.

£20 could fund 24 hours of oxygen costs for one child

£50 could fund a two hour session with one of our Outreach Nurses in a child's home

£125 could fund the costs for a family to stay in one of our family flats for 24 hours

Visit: hdh.org.uk/donatetoday

90%

of our funding comes from fundraising, legacies and trading

10%

is funded by statutory sources

## Thank you

With your help, we can support more families on every step of their journey



Help us share the joy of music with children like Habibou



Give the magic of storytime to children like Beth

#### Donate

Make a regular or one off donation, visit hdh.org.uk/donatetoday

#### **Fundraise**

Get creative and do something new to raise money in your community, like a bucket collection, bake sale, craft fair or quiz night.

#### Take on a challenge

Taking part in one of our organised events is a great way to show your support, such as the London Marathon, trekking or a skydive.

#### Partner with us

By organising a fundraising event with your company, community group or school.

#### Remember us

1 in 5 of our patients' care is funded by a gift left in a Will.

#### Volunteer

Whatever your skills or interests, we have something for you from knitting to gardening to reception support.

#### Shop or donate in our stores

We have many shops across the region full of good quality pre-loved items, and we are always grateful for donations.

We'd love to hear from you Either phone 01865 799150 or email fundraising@helenanddouglas.org.uk



