



JOB DESCRIPTION HOME VOLUNTEER

Helen & Douglas House offers respite and end of life care to families who have a child with a life limiting condition.

Home Volunteers are matched with individual Helen House families. The needs of each family will vary but volunteers generally help around the family home with light cleaning, ironing, gardening, shopping etc. Some volunteers may also help siblings with homework or play games.

RESPONSIBILITIES

- Regularly visiting a family to offer practical help in the home as requested by the family
- Being a 'listening ear' where appropriate
- Helping with light cleaning and tidying

TIME COMMITMENT

- 3-4 hours per week (including travelling time), for up to 18 months.

EXPERIENCE & TRAINING

We're looking for someone who has the confidence to work on their own in a family home.

Experience of working with children or families would be an advantage, but it's not essential - full training will be provided (both face-to-face and online).

QUALITIES REQUIRED

- We're looking for someone who is non-judgemental and non-discriminatory.
- An understanding of the issues facing young people and families who have a child that visits Helen House
- Flexibility and adaptability, tactfulness and be very trustworthy
- Possess good communication and listening skills
- Have an awareness around the issues of loss and bereavement
- Have a good understanding of the importance of confidentiality and boundaries when volunteering with a family
- Awareness of importance to always operate within strict health and safety guidelines

BENEFITS

- Meeting a variety of new people
- Develop skills and gain new experiences
- A huge sense of satisfaction in knowing you are helping others and making a difference
- Acknowledgement that you are enhancing the care we can offer our Helen House families by helping them in their own homes.
- Travel and any out-of-pocket expenses